

WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 26/02, 18/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Vegetarian Burger 🌱 Served with Potato Wedges	Vegetable Pastry Roll 🌱 Served with Mashed Potato and Gravy	Vegetarian Bolognese 🌱 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets 🌱 Served with Chips
JACKET POTATO	Stir Fried Vegetable Rice 🍚 🍷 Served with Potato Wedges	Classic Beef Burger 🍔 Served with Potato Wedges	Chicken, Vegetable and Mash Pie 🍷 Served with Gravy	Beef Bolognese 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers 🐟 Served with Chips
	Jacket Potatoes 🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🍷 🌱					
All main meals are served with two vegetables					
DESSERT	Secret Brownie	Crispy Crackle Bar with Fruit 🍌	Carrot, Orange and Sultana Slice 🍌	Original Flapjack	Vanilla Ice Cream

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 **Vegetarian** 🐟 **Oily Fish** 🌾 **Wholegrain**
🍏 **Fruity!** 🍷 **Nutritionist's Choice**

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 2

W/C: 06/11, 27/11, 08/01, 29/01, 19/02, 04/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Macaroni Cheese 🍝	Cheesy Leek and Carrot Crumble 🥧 Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake 🍝 Served with Garlic and Herb Bread	Crispy Quorn Nuggets 🍗 Served with Chips
JACKET POTATO	Sweet Potato Curry 🍲 Served with Wholegrain Rice	Chicken and Vegetable Tikka Masala 🍲 Served with Wholegrain Rice	Roast Beef 🍖 Served with Roast Potatoes and Gravy	Sausage Pasta Bake 🍝 Served with Garlic and Herb Bread	Breaded Fish Fingers 🐟 Served with Chips
	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🍝					
All main meals are served with two vegetables					
DESSERT	Apple Crumble with Custard 🍎	Crunchy Chocolate Biscuit 🍪	Chocolate and Vanilla Marble Cake 🍰	Carrot Cake 🥕	Strawberry Ice Cream 🍓

AVAILABLE EVERY DAY
Water, salad, freshly baked bread,
yoghurt & fresh fruit

🌱 **Vegetarian** 🐟 **Oily Fish** 🌾 **Wholegrain**
🍏 **Fruity!** 🍷 **Nutritionist's Choice**

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 3

W/C: 13/11, 04/12, 15/01, 05/02, 26/02, 11/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 Served with Potato Wedges	Cauliflower Macaroni Cheese 🌱 🌱 Served with Garlic and Herb Bread	Sweet Potato and Chickpea Roast 🌱 🌱 Served with Roast Potatoes and Gravy	Sweet and Sour Vegetables 🌱 🌱 🌱 Served with Wholegrain Rice	Crispy Quorn Nuggets 🌱 Served with Chips
JACKET POTATO	Chilli No Carne Served with Wholegrain Rice	Beef Lasagne 🌱 🌱 Served with Garlic and Herb Bread	Roast Turkey Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma 🌱 🌱 Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌱					
All main meals are served with two vegetables					
DESSERT	Banana and Carrot Cake	Strawberry Jelly	Orange Drizzle with Fruit 🌱	Vanilla Sponge and Custard	Chocolate Ice Cream with Shortbread Biscuit

AVAILABLE EVERY DAY
 Water, salad, freshly baked bread,
 yoghurt & fresh fruit

🌱 **Vegetarian** 🐟 **Oily Fish** 🌾 **Wholegrain**
 🍏 **Fruity!** 🌱 **Nutritionist's Choice**

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.