

Dear Parent / Guardian,

RE: Chartwells Free School Meals + Food Allergies

With the introduction of universal infant free school meals for all primary school pupils in London we understand the importance of ensuring that every pupil can enjoy a healthy and safe school lunch regardless of their dietary requirements.

Chartwells take food allergies and intolerances seriously and have a robust medical diet policy in place to ensure the safety of all food allergic children.

If your child requires a medical diet menu please complete our medical diet request form and return to us with supporting medical evidence no later than **21st July**. This will ensure that your child has a medical diet menu in place for them when they return in September. Please contact your school reception to request a medical diet form.

Chartwells can successfully cater for a range of food allergies and intolerances via a number of different menus,

1- Allergy Aware Menu

- a. Suitable for children with allergies to any of the top 14 common allergens.

2- Bespoke Medical Diet Menu

- a. Individual menu tailored for children with complex or bespoke food allergies outside of the 14 common allergens.

3- Nutrient Counts

- a. Provided to children and parents who require the nutrient content of recipes in order to manage medical conditions (e.g., Diabetes, cystic fibrosis etc)

If you wish for your child to receive a Chartwells medical diet menu, please send completed forms to chartwells.medicaldiets@compass-group.co.uk

For any questions, please contact us or visit the Chartwells website.

Kind Regards,

Chartwells Medical Diets Team

Email: Chartwells.medicaldiets@compass-group.co.uk

Website: www.chartwells.co.uk