



ROCKLIFFE MANOR
PRIMARY SCHOOL

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Dear Parent/carer,

Re: Scarlet Fever

We have been made aware by Public Health England that there has been a rise in cases of Scarlet Fever, caused by bacteria known as Strep A and wanted to give our families some additional information so that you can be aware of what to look out for and how to respond. We do not have any cases of Scarlet Fever at Rockcliffe Manor right now but wish to be prepared.

Scarlet fever is usually a mild illness and it should be treated with antibiotics to minimise the risk of complications and reduce the spread to others. The symptoms of Scarlet Fever include a sore throat, headache, fever, nausea and vomiting. This is followed by a fine red rash which typically first appears on the chest and stomach, rapidly spreading to other parts of the body. On more darkly-pigmented skin, the scarlet rash may be harder to spot but the skin presents with a 'sandpaper' type texture. The face can be flushed red but pale around the mouth.

If you think you, or your child, have scarlet fever:

- See your GP or contact NHS 111 as soon as possible
- Make sure that you/your child takes the full course of any antibiotics prescribed by the doctor.
- Stay at home, away from nursery, school or work for at least 24 hours after starting the antibiotic treatment, to avoid spreading the infection

If your child has an underlying condition which affects their immune system, you should contact your GP or hospital doctor to discuss whether any additional measures are needed. Further advice can be obtained from your local GP and/or the NHS website here

Yours sincerely,

Nancy Cook

Associate Head teacher

Aimi Vdovin

Head Teacher