



## ROCKLIFFE MANOR PRIMARY SCHOOL

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Thursday 14<sup>th</sup> July 2022

Dear Parents and Carers,

### RE: Heat Wave Letter

Given the very warm temperatures this week and the heat wave warning for next week, it is important for all of us to be reminded of how we can all keep ourselves protected and hydrated. This letter is to outline the things that we will be doing as a school in order to do this for our children and ensure that their health and safety is a priority.

- Next week, children should come to school in **school uniform clothing** that they feel most comfortable and coolest in. This may be a light summer dress or their PE kit.
- Please ensure that your child is coming to school with **a sun hat** and **sun cream** applied. They can also bring labelled sun cream to school to apply themselves.
- Also ensure that your child has a bottle of **water** that they can refill throughout the day. We will be ensuring that children stay well hydrated and have access to water at all times.
- We will be **limiting time spent outside** by reducing play times and lunch time play so that the children don't get too hot. Children will access the coolest and most shaded areas in the school to have chill out time and cool down throughout the day. Strenuous activity such as outdoor PE will be avoided.
- In each classroom all doors and windows will be open, and blinds down for shade. Like adults, children's focus and energy levels can vary in the heat and staff will be very mindful of this by ensuring for example, that children have regular breaks throughout the day, drink water, go outside and sit under the trees.
- We will, from tomorrow, be selling ice lollies after school, 50p each.

Attached to this letter is also some useful heat wave information from the government. Also found here: <https://www.gov.uk/government/publications/heatwave-plan-for-england/beat-the-heat-staying-safe-in-hot-weather>

If you have any questions, comments or concerns at all, please do not hesitate to contact the school office or email us at [info@rockliffemanor.greenwich.sch.uk](mailto:info@rockliffemanor.greenwich.sch.uk)

Best Wishes

Nancy Cook  
Associate Head teacher